



# Sex Education

*Local Control, Parental Control*

## Initiative 1109 is a Game Changer

**Finally, sexual health philosophy is turned right-side up!**

### Why is Initiative 1109 needed? Because it,

- returns control of curriculum content to local school boards
- gives parents the choice to opt their children into the formal sex education classes
- provides long-term overall health using primary prevention and optimal health goals\*
- requires materials be wholesome enough for public broadcast standards
- allows citizens to view materials online

These opt-in programs teach:

- Primary prevention so students will avoid sexual risk-taking behaviors.
- Optimal health outcomes
- Healthy boundary setting
- Goals for healthy family formation decisions
- Sexual health is only for grades 5-12

Initiative 1109 is a positive replacement for the comprehensive sex education (CSE) that schools are already teaching. Schools are under a 2007 law that makes the state office in charge of content not the local community. This is a simple straightforward measure focusing on skills to build healthy relationships and families.

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## Game Changer

Now, all schools are mandated to teach explicit comprehensive Sex Education in all districts. Sexual rights and pleasure are often the guiding principle. In reality, most of the content is controlled by the state Superintendent of Public Instruction (OSPI), not at the local district by local parents. All the curriculum has the same tone, information and philosophical foundation. Under the 2007 legislation, the OSPI can change the standards and choices of curriculum, without consulting districts. Local school boards must have OSPI approval in accordance to the CSE philosophy.

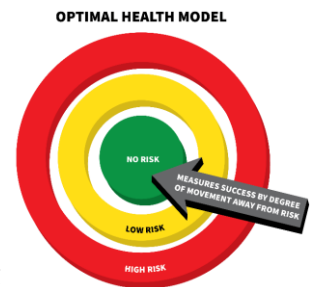
Initiative 1109 gives back the control of the guidelines, standards and curriculum choice or content to the local school boards. 1109 also rolls back the Healthy Youth Act of 2007 that forfeited local control to OSPI. Initiative 1109 is a positive replacement for the comprehensive sex education that schools are already teaching.

**WHAT IS PREVENTION?** Prevention activities are typically categorized by the following three definitions:

1. Primary Prevention—intervening before health effects occur, through measures such as vaccinations, altering risky behaviors (poor eating habits, tobacco use), and banning substances known to be associated with a disease or health condition.
2. Secondary Prevention—screening to identify diseases in the earliest stages, before the onset of signs and symptoms, through measures such as mammography and blood pressure testing.
3. Tertiary Prevention—managing disease post diagnosis to slow or stop disease progression through measures such as chemotherapy, rehabilitation, and screening for complications.

**WHAT IS OPTIMAL HEALTH?** “Optimal health is a dynamic balance of physical, emotional, social, spiritual, and intellectual health. It is a lifestyle change facilitated through a combination of learning experiences that enhance awareness, increase motivation, and build skills and, most important, through the creation of opportunities that open access to environments that make positive health practices the easiest choice.” It is a process of moving from high risk to low risk and then to no risk behaviors.

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